



IN THIS ISSUE:

- 1 Smile Contouring
- 2 Black to White
- 3 Dental Hygiene
- 4 Get to know Pamela



Does your smile need a little something more?

One of the most popular procedures we now provide for our patients is smile contouring. Both Trevor and Jennifer regularly attend advanced dental study throughout Europe in this particular area.

Contouring or re shaping a patient smile can now be achieved thanks largely to advances in dental materials in the last few years.

It is a process where small adjustments are made to your teeth to level uneven smile lines.

Over time front teeth often become worn, pointed, or chipped. In the past the chosen treatment to correct this may have been to Crown the tooth or place a porcelain veneer.

Now with the advances in dentistry and the advanced training Trevor & Jennifer have undertaken they can

re-shape a patients teeth often converting their worn or chipped teeth to a smile that's shapely and younger looking.

Whilst always focusing on the face itself. This allows our patient to have a fresh natural smile that matches their complexion.

Smile contouring can usually be accomplished in one office visit. Post contouring, your teeth will be more uniformly shaped and free of former blemishes that detracted from your appearance will be gone. In fact, the only eye-catching thing that remains will be your gorgeous smile!

If you would like to find out more about smile contouring for stunning results book an appointment with us on

028 9335 2805



The Black to White

Change your smile by saying goodbye to unsightly black fillings and replace them with a natural looking beautiful smile.

Ask a member of the team for more details.

Get to know us.. meet Pamela



I graduated from Trinity College Dublin 1995. I joined the practice here at Ballyclare about 12 years ago.

When I'm not at work, I have a very busy family life, enjoying most of my free time with my three young children Conor, Lucie and Rosa.

Pamela is a Dentist at Ballyclare Dental Practice.

Dental Hygiene

Essential gum health & hygiene plan

Brush and floss twice a day and visit your dentist every six months. Adults have heard this message time and time again and most parents spend years telling their kids exactly the same.

90% of adults suffer from gum disease at some point in their lifetime, quite grim information... and making it worse gum disease can start at any age.

For this reason alone proper dental hygiene is a vital part of maintaining good dental health.

Many years ago we invested in bringing in an experienced dental

hygiene team to focus solely on our patients gum health, working closely with the dental team this helps control gum disease allowing for healthy mouths and sparkling teeth.

Our team of dental hygienists, are essential to your dental health care, the dental team will explain the importance of visiting the dental hygienist when discussing your tailored dental care plan.

Our hygiene services are open to everyone. To book a hygiene appointment contact us on 028 9335 2805.

We're looking forward to sponsoring Ballyclare High School Rugby Team for another year. Good luck boys!



 Check up on us!

We would love you to **like** our Facebook page, that way we can keep you up to date with all the latest news, competitions & special offers.
facebook.com/ballyclaredentist

Smile Choices...

We have lots of ways to make you smile at Ballyclare Dental Practice from routine dentistry to cosmetic dental treatments and dental implants. If you have any questions about your smile please call us 028 9335 2805.